





Monday	Tuesday	Wednesday	Thursday	Friday	Notes:
			1 9:00 Birthday Celebration 9:30 Stretching 10-12 Board Games 1:30 Pickleball	2 9:30 Stretching 12:00 Tai Chi	CENTER'S HOURS Mon-Fri 8:00-4:00 Closed Monday September 5th for Labor Day
5 Center Closed for Labor Day	6 9:30 Stretching 1:30 Pickleball	7 9-11 Health Screenings with Mercy Health 9:30 Stretching	8 9:30 Stretching 10-12 Board Games 1:30 Pickleball	9 9:30 Stretching 12:00 Tai Chi 10-12 Chair Massages	
12 9:30 Stretching	13 9:00 Cookie Decorating 9:30 Stretching 1:30 Pickleball	14 9:30 Stretching 12:00 Fall Harvest Crockpot Potluck Lunch	15 9:30 Stretching 10:00 Mind Challenge 1:30 Pickleball	16 9:30 Stretching 12:00 Tai Chi	The Center will be having a Food Drive during the months of September & October
19 9:30 Stretching 10:00 Movie	20 9:15 Bingo with Windsor House 10:00 Stretching 1:30 Pickleball	21 9:30 Stretching 1:00 Greeting Card Class	22 9:30 Stretching 10-12 Board Games 1:30 Pickleball	23 10-12 Chair Massages 9:30 Stretching 12:00 Tai Chi	
26 9:00 Crafts 9:30 Stretching	27 9:00 Feeding the Community Potluck Breakfast 10:00 Stretching 1:30 Pickleball	28 9:00 Fall Prevention Tic Tac Toe with Mercy Health 10:00 Stretching	29 9:30 Stretching 10-12 Board Games 1:30 Pickleball	30 9:30 Stretching 10:00 Trivia Fun & Ice Cream Bar 12:00 Tai Chi	